

The HANGOUT

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Join me in supporting The Hangout!

My name is Matt Anderson and I am extremely excited and honored to be competing in IRONMAN Coeur d'Alene June 27, 2010 on behalf of **The Hangout** and individuals living with traumatic brain injury (TBI). In my first full distance IRONMAN I will swim 2.4 miles, bike 112 miles and run 26.2 miles to raise awareness and funding for The Hangout.

While I myself have not sustained a traumatic brain injury, my family and myself have been personally touched by those who have. TBI, known as the silent epidemic, is the third largest disability affecting 1.4 million people per year in the United States. In Colorado alone, 5000 people are hospitalized with a moderate to severe TBI annually. This number does not reflect those seen in the ER, doctors offices or those that do not seek medical attention.

Thankfully, those living with and recovering from a TBI have **The Hangout** – a place where individuals with a TBI can go, belong, and work on socialization and rehabilitation goals in the community! Anyone can sustain a TBI and it is reassuring to know that people have somewhere to go. That's why this IRONMAN fundraising mission is so important to survivors of TBI.

Last year several organizations and hundreds of individuals helped us raise over \$12,500 for **The Hangout** through our Bicycle Tour of Colorado fundraiser. This year I must exceed last year's efforts and continue the fundraising tradition started by Scott La Point, a cycling related TBI survivor and long time patron and friend of **The Hangout**. The tradition that Scott established with annual fundraising events has become a significant source of funding for **The Hangout**. We need your help. I am committed to doing the hard part – covering 140.6 miles in one day! We would appreciate your support and involvement in this mission by donating all that you can. Please, dig deep into your heart and pocket and help us keep **The Hangout** a place for survivors!

Sincerely,



Matt Anderson
Triathlete & Supporter of The Hangout and TBI Survivors



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Yes! I would like to support The Hangout. Please return this slip with your payment:

NAME: _____ **AMOUNT:** \$ _____

* Donations are tax deductible. Upon receiving your donation, The Hangout will distribute a tax deduction letter.

Please make checks payable to **The Hangout Colorado** and mail c/o Jennifer Anderson, 9900 E. Iliff Ave, Denver, CO 80231. For more info, call (720) 341-8437.

www.TheHangoutColorado.org